CUTTING EDGE
Deliberations on
WOMEN & DIABETES
SAIDIP 2018
The 2nd Congress of
SOUTH ASIA INITIATIVE FOR
DIABETES IN PREGNANCY

Hosted by
ARTIST
ASIAN RESEARCH & TRAINING INSTITUTE for
SKILL TRANSFER

25-27
MAY
2018
ITC GARDENIA
BENGALURU

Download APP Now
Available on the
App Store
www.saidip2018.com
INVITATION

Dear Friends and Colleagues,

It is with great pleasure that we invite you to attend the 2nd Congress of South Asia Initiative for Diabetes In Pregnancy (SAIDIP).

SAIDIP 2018 will be held on 25th–27th of MAY 2018 in BENGALURU, “The Silicon Valley of India”.

The great success of the first SAIDIP Congress held in Colombo, Sri Lanka, in 2016, has paved the way to create a similar Congress in yet another destination in South Asia—SAIDIP 2018 Bengaluru INDIA.

To bring increased attention and encourage exploration on diabetes in pregnancy within the South Asia region and replicate over a decade of success of the Diabetes in Pregnancy Study Group in India it was decided earlier to form group called the South Asia Initiative for Diabetes In Pregnancy (SAIDIP).

The SAIDIP 2018 will provide a prospect for all accomplices to interact with health care providers enthusiastic across the country. The scientific committee is planning a state of the art scientific program which will be of interest to diabetologists, endocrinologists, internists, obstetricians, gynecologists and basic research scientists. A galaxy of achievers from India and abroad will grace this conference and share their experiences with us. We hope this congress will add a great value to your clinical practice and you will enjoy the magnificence of Silicon Valley of India.

Additionally, controversial topics and use of new technologies in perinatal medicine will be discussed in detail. This will allow participants to formulate a modus operandi through evidence provided by the presenting experts.

The faculty comprises of renowned specialists and experts from all over the world, who will present the most updated clinical and laboratory revolutions, based on evidence as well as practical experience.

We look forward to your participation.

With best wishes and hoping to see you in Bengaluru.

Dr Hema Divakar
Organising Chairperson
SAIDIP 2018
Scientific Programme will have a spread of the Usual and Unusual

- Symposium
- Panel discussions
- Invited lectures
- Current concepts
- Updates
- Posters
- Paper presentations
- Keynotes

High Profile Dialogue:
Women, Development & Health Dialogue with major stakeholders
- Ministry of Health
- UNFPA
- PSI
- Bill and Melinda Gates Foundation
- UNICEF
- Media

Special Sessions
- Court Room drama
- Point counter point
- Stump the experts

Debates
- Reality bytes
- Vignettes presented by YUVA
- 5mins/ 5 slides

Topics Covered
- The definition, classification and impact of hyperglycemia during pregnancy on maternal and fetal outcomes
- FIGO GUIDELINES – What are the Key Messages?
- Pre conception care and women’s health – challenges and strategies to improve compliance and care
- Hyperglycemia in first trimester-Maternal and fetal evaluation
- Testing in every trimester – the logic and feasibility?
- Early diagnosis of HIP – what next – the evaluation and management algorithm
- Co- morbid PIH and Anemia- impact on ultrasound surveillance
- Ultrasound evaluation of Diabetic pregnancy
- Antenatal Fetal monitoring in GDM
- Fetal Surveillance – Ultrasound – Biometry/Dopplers, Glucose monitoring
- Maternal Surveillance
- OADs may be used as first line treatment after lifestyle intervention in women with GDM/DIP. / Metformin is the OAD of choice for treatment of GDM/DIP when lifestyle intervention is inadequate
- Fetal echography-Are we routinely recommending ?
- Assessing fetal growth and lung maturity – when, why and how to intervene
- Intapartum management of Mother and foetus
- Time and Mode of intervention
- Pre term birth in HIP – managing the mother and baby
- Shoulder dystocia and child with Erb’s palsy.
- Missed diagnosis of HIP - post-delivery fulminating perineal infection.
- Child with mental retardation – instrumental vaginal delivery with neonatal hypoglycemia and jaundice
- Post-partum care – challenges and strategies to improve compliance
- Ideal Practical issues in life style counselling
- DIP CLINIC
- Practical obstetrics in Diabetic mother
- PPH Drills/ Shoulder Dystocia Drills,
- Tackling difficulties in delivering macrosomic babies at Cesarean section
- Basics of calorie calculation and medical nutrition therapy
- Glucometer –how to use?
- Safe Insulins and how to start and monitor?
- New frontiers and fresh thinking.
March 10 is Gestational Diabetes Mellitus (GDM) Day in India

DPSI (Diabetes in Pregnancy Study Group in India), Asian Research & Training Institute for Skill Transfer (ARTIST), World Diabetes Foundation (WDF) and Federation of Obstetric & Gynecological Societies of India (FOGSI) join hands to launch nationwide campaign against GDM.

ARTIST, World Diabetes Foundation (WDF) & Federation of Obstetric & Gynecological Societies of India (FOGSI) today joined hands with the DPSI to launch nationwide campaign against GDM, which refers to high sugar levels in the mother during pregnancy and this needs to be tackled before and beyond pregnancy.

Speaking on the occasion, Mr. V. Seshah, Chairman & Chief Mentor, DPSI, said, “India is witnessing high occurrence of GDM, which is also known as Hyperglycemia in Pregnancy (HGP). In women followed up for 20 years, it was clear that up to 70 per cent, who had GDM, went on to develop diabetes. We feel that we need to take up awareness programmes on GDM on van-foots and hence declared March 10 as GDM Day in India.”

Dr. Hema Dassan, renowned Obstetrician & Gynecologist, ARTIST, remarked, “We recently conducted a survey and our findings revealed that approximately 10 per cent of women who get pregnant every year, developed diabetes during the gestation period. Even with 10 per cent, the numbers in this country are whopping, as it works out to about 3 million women every year. Of the 3 million women who develop GDM, in 5-10 years after pregnancy, 30 per cent of them have a tendency to develop Type 2 Diabetes, further adding to the number of diabetics in the country. This is an alarming trend which we cannot ignore. From being a disease of old age, diabetes is now a disease of the young; we need to act now.”

As the Co-Chair for FIGO (International Federation of Gynecology & Obstetrics) GDM Working Group, Dr. Hema said that the FIGO has 3 important recommendations - Universal testing of all pregnant women for GDM; all countries provide the best GDM management possible given available resources and using postpartum period for increased engagement to improve awareness, prevention, early recognition and care of high blood sugars (Hyperglycaemia) not only during pregnancy - but also before and beyond, she added.

The Indian government has released guidelines on GDM management and Dr. Hema is in the Core Group of the policy. “We are waiting for the implementation of GDM management in the public sector. The roll-out of the programme will happen in a district in Madhya Pradesh by April 2016. Our aim is to create awareness about GDM as much as possible at the earliest. Every year, we will be holding awareness campaigns on GDM with constructive action to tackle this menace,” said Dr. Nilupur Kapur, Member, Board of Directors, World Diabetes Foundation.

During Dr. Hema’s tenure as the FOGSI President, she introduced the FOGSI GDM CERTIFICATION course - a first-of-its-kind in the world to train gynaecologists and obstetricians in the country. Now, this model is being rolled out in all the South Asian countries and also in Africa where GDM is emerging as a major health issue.
SAIDIP 2018 SECRETARIAT OFFICE
Divakars Speciality Hospital
Dr Hema Divakar
H.No.: 220, 9th Cross Road, Phase-2
Next to Nilgiris, J P Nagar
Bengaluru, Karnataka 560078
Phone: +91 8040853500
Email: saidip2018bengaluru@gmail.com
Website: www.saidip2018.com

PROFESSIONAL CONFERENCE ORGANISER
F-8, 2nd Floor, Kalkaji Main Market, Delhi 110019
Tel.: +91 11 46661018
E-mail: contact@conceopttc.com
Website: www.conceopttc.com

Hosted by
ARTIST
ASIAN RESEARCH & TRAINING INSTITUTE for SKILL TRANSFER
To download the Registration Form - Click the link below